

CISS AUTUMN NEWSFLASH 2023

CHAMPs AWARDS 2023



Autumn see the launch of our CHAMPs awards (Caring, Helpful, Amazing People), with Nomination flooding in for the many carers that people want to thank, for all they do, recognising the vital contribution they make to individuals, families, services and communities.

Adult unpaid carers

Paid Carers

Sandwich Carers

Supporting Employed Carers

Community carers

Parent Carers

Young Carers

The awards will take place in November, so watch this space for our winners.



Scan Me for more information
or visit: chcpcic.org.uk/chcp-services/carers

New businesses giving discounts for carers card holders.

Café Culture of Hull Carr lane Hull, HU1 3RF 10% Discount	Rise and Grind Bistro Unit 3 Monks Way Kingswood Retail Park Hull, HU7 3NS 15% Discount	Blue Moon Nails 157 Chanterlands Avenue Hull, HU5 3TJ 15% Discount	Sasi Boutique 544 Hessle Road Hull, HU3 5BL 10% Discount
Eats and Treats Arti- san Bakehouse 165 High Street Hull, HU1 1NP 10% discount on Baked Goods	Wonky Tulip Coffee House 147A High Street Scale Lane Hull, HU1 1PS 10% Discount on Drinks	The Little shop of Hairdo's 157 Chanterlands Avenue Hull, HU5 3TJ 15% Discount	Sew Sweet Pea Trinity Market Lowgate Hull, HU1 2JH 10% Discount

For a full list visit: chcpcic.org.uk/chcp-services/carers

Regular groups.

Group	Location	Date	Times
Book group	Central library	Every 1st Monday of the month	11pm - 12:30PM
Bransholme men's and women's group	Astra youth centre 100 Branstable rd Hull HU7 4HQ	Every 4th Wednesday of the month	1pm - 3pm
West Carer's Cuppa group	Hull Churches Home from Hospital Service, Lindsey Place, off Arcon Drive.	Every Tuesday	10:30AM-1:30PM.

Follow us on social media for up to date information 

The Carer's Information and Support Service

The Calvert Centre, 110A Calvert Lane, Hull, HU4 6BH

01482 222220

chcp.carersinfo@nhs.net



We have great pleasure in announcing that Hull Culture & Leisure have joined the Carers Card Discount Scheme offering 20% concession to Live it Fitness Membership's and Pay & Play Activities across Hull's Leisure Centre's to support Unpaid Carers to improve their Health & Wellbeing. To access this discount please take along your Carers Card or speak to a member of the Hull Culture & Leisure Team.

The background of the poster is a festive Christmas scene with a white background. It features a red gift box with a white ribbon, a red and white striped candy cane, a red Christmas ball, and a sprig of green holly. Small red stars are scattered throughout the scene.

chcp
It's Everybody's Business

Carers' Information & Support Service

CLASS Christmas Party

**Monday 11th December
11am to 3pm
Park Street Perform-
ing Arts Centre, 29 Park
Street, Hull HU2 8RR**

**Unpaid carers,
friends and family
welcome**

**For more
information call:
01482 22220**